



**May 2022**

## Medicines with Glenna

Chi-miigwech to Glenna Beaucage for coming into our school and teaching our students about some of the medicines within Duchesnay. We were lucky enough to find, harvest, and brew tamarack, highbush cranberry (cramp bark), and hawthorne.

### Medicine Walk



### Harvesting Medicines

### Tea and Bannock



# NBISIING NEWSLETTER



## MMIWG2S, National Day of Awareness

May 5th, 2022 was the National Day of Awareness for MMIWG2S. Nbisiing students completed red dress pins, keychains and various pieces of art to honour the spirits of missing and murdered Indigenous women and girls.



# NBISIING NEWSLETTER



## Mother's Day Activities

Nbisiing student's were hard at work creating cookies and earrings for their mothers, sisters, aunties, gookmis and any caring adults in their lives. This was such a fun opportunity for the students to showcase their creativity and baking abilities!

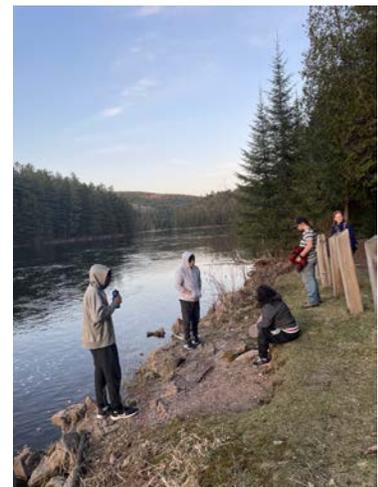


# NBISIING NEWSLETTER



## Canadian Ecology Centre

Nbisiing's Leadership and Outdoor Education classes attended the Canadian Ecology Centre for three days of learning on the land. Students received their GPS Certification through the programming. Chi-miigwech to Bill Steer, Mandy, Coral, and all of the staff at the Canadian Ecology Centre for this amazing experience.



# NBISIING NEWSLETTER



## Canadian Ecology Centre



## Moose Hide Campaign Day

May 12th, 2022 was Moose Hide Campaign Day. Students and staff from Nbisiing completed a walk in support of Moose Hide Campaign and worked to spread awareness about gender-based violence within Indigenous communities.



These “Pledge Boards” were created by the students in the NAC20 class. This was their commitment to stand against gender-based violence.



# NBISIING NEWSLETTER



## Skoden Award

Gabby Ashamock is the recipient of April's Skoden Award. Gabby has shown determination and growth towards her education and has been working hard all semester to be successful. She is always asking for ways to improve on her school work and knows when to ask for help when she needs it. Gabby has also worked to help motivate her peers to be successful in school. Gabby demonstrates kindness and respect towards all teachers, staff and students at Nbsiing. Whether she is helping our teachers with preparing for their lessons or the custodians in the hallways, Gabby is always taking the initiative to lend a hand. We cannot express enough how fun it is to be Gabby's teachers. Congratulations, Gabby!



## Canadore College Presentation

Recruitment Officer Gerard Peltier came in to talk to our students about the pathway to Canadore College and all of the programs and events that the school offers. Tammy Cayer-Dokis had joined as well to promote the Indigenous Land-Based Summer Camp that is being offered and encouraged the students to participate this upcoming summer.





## Building a Lodge in Dokis First Nation

Nbsiing's Outdoor Education class attended Dokis First Nation in partnership with the North Bay Indigenous Hub to build a lodge on Dokis' traditional grounds.



## Outdoor Education

Nbsiing's Outdoor Education class continued working with hide and bones to make sinew and tools with the help of Brenda Lee and Audrey Commanda.



Partridge Wings for Fans



## A Weekend at the Capitol Centre

### Twin Flames

In May, students and staff took in the Twin Flames concert. Twin Flames is an indigenous duo (Jaaji Okpik and Chelsey June) whose music blends both First Nations and Inuit music with folk rock. The students had an amazing time. Dominic and Dunnigan Iqulik along with Jaarji are all from Nunvaut. At intermission, Dominic went onstage to chat with Jaaji. Jaaji then gave a shout out to Dominic and Dunnigan at the end of the concert.. Jaaji and Chelsey took some pictures after the concert with the boys and both received CD's!



**QUEEN - It's a Kinda Magic**  
Students and staff also attended the Queen concert. In this performance this band recreated the 1986 World Tour. The performer who played Freddy Mercury was amazing as he had the whole crowd up on their feet by the second song! North Spence-Sutherland even got a picture with the drummer of the group, Kyle Thompson!

